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Course Code: Title	PSW131: HEALTH PROMOTION/HEALTH CHALLENGES II
Program Number: Name	3027: PERSONAL SUPPORT WKR
Department:	PERSONAL SUPPORT WORKER
Semester/Term:	18S
Course Description:	This course is a continuation of Health Promotion and Health Challenges I. The learner continues to explore the holistic care of individuals and families experiencing ongoing physical, cognitive and mental health challenges. The role of the PSW in rehabilitative and restorative care will be examined.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	PSW121
Substitutes:	RSP106
Vocational Learning Outcomes (VLO's):	3027 - PERSONAL SUPPORT WKR
Please refer to program web page for a complete listing of program outcomes where applicable.	#1. Act within the personal support worker role, under supervision, and by following care/service plans and established policies and procedures. #2. Participate as a member of care/service teams in both community and institutional settings. #3. Use, under supervision, basic knowledge, care/service plans, and established policies and procedures. #4. Provide client-centered and client- directed care under supervision and by following care/service plans and established policies and procedures, in both community and institutional settings. #5. Make, collect, and report to the supervisor relevant observations in an ongoing and timely manner and record this information promptly. #6. Support the clients personal care requirements by following care/service plans and established policies and procedures. #7. Support the clients home management services by following care/service plans and established policies and procedures. #8. Communicate effectively and appropriately using oral, written, and nonverbal methods. #9. Assist in the promotion and maintenance of a safe and comfortable environment for clients, their families, self, and others.

	#10. Perform the personal support worker role in an ethical manner and within the law.												
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#4. Apply a systematic approach to solve problems.</p> <p>#5. Use a variety of thinking skills to anticipate and solve problems.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>												
Course Evaluation:	Passing Grade: 60%,												
Evaluation Process and Grading System:	<table border="1"> <thead> <tr> <th>Evaluation Type</th><th>Evaluation Weight</th></tr> </thead> <tbody> <tr> <td>One minute paper/participation</td><td>20%</td></tr> <tr> <td>Test #1</td><td>20%</td></tr> <tr> <td>Test#2</td><td>20%</td></tr> <tr> <td>Test#3</td><td>20%</td></tr> <tr> <td>Test#4</td><td>20%</td></tr> </tbody> </table>	Evaluation Type	Evaluation Weight	One minute paper/participation	20%	Test #1	20%	Test#2	20%	Test#3	20%	Test#4	20%
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Books and Required Resources:	<p>Mosby`s CanadianTextbook for the Support Worker by Sorrentino,Remmert,Wilk Publisher: Elsevier Edition: Fourth Canadian Edition</p> <p>Workbook to Accompany Mosby`s Canadian Textbook for the Support Worker by Sorrentino,Remmert,Wilk Publisher: Elsevier Edition: Fourth Canadian Edition</p>												
Course Outcomes and Learning Objectives:	<p>Course Outcome 1.</p> <p>Assist clients across the lifespan with routine activities of daily living by applying basic knowledge of growth and development, common alterations in functioning, disease prevention, health promotion and maintenance, rehabilitation and restorative care.</p> <p>Learning Objectives 1.</p> <p>Identify and discuss basic concepts of risk prevention and reduction, health promotion and maintenance.</p> <p>Discuss the basic concepts of convalescence, rehabilitative and restorative care, team members, and the modalities that may be used, including physical, occupational and speech therapy.</p> <p>Describe cancer, the treatment that client`s may require, and the care for clients who have cancer.</p> <p>Describe common cardiovascular disease/disorders and the care for clients who have these disorders.</p> <p>Describe common respiratory diseases/ disorders and the care for clients who have these disorders.</p> <p>Describe common neurological diseases/disorders including acquired brain injury and the care for clients who have these disorders.</p> <p>Identify the causes and responses of brain and spinal cord injuries and the care for clients who</p>												

have these injuries.

Describe common integumentary disease/disorders and the care for clients who have these disorders.

Describe common musculoskeletal diseases/disorders and the care for clients who have these disorders.

Describe the care for clients who have casts, traction, hip fractures, and amputations.

Describe common endocrine diseases/disorders and the care for clients who have these disorders.

Describe common digestive diseases/disorders and the care for clients who have these disorders.

Describe common urinary diseases/disorders and the care for clients who have these disorders.

Describe common communicable diseases, the care for clients who have these diseases, and the role of the personal support worker in preventing the spread of communicable diseases.

Describe common diseases/disorders of male and female reproductive systems.

Course Outcome 2.

Use identified approaches and best practices to support positive and safe behavior in clients experiencing cognitive impairment, mental health challenges and/or responsive behaviors.

Learning Objectives 2.

Identify changes in clients' perception, behavior, memory, judgment, organization, language, and motor skill that may be associated with cognitive impairment, delirium, dementia and/or mental health illness.

Identify common misconceptions about cognitive impairment, dementias and mental health illnesses.

Identify factors such as illness, fatigue, stress, sensory overload, pain, fear, frustration and depression which can further affect the functioning clients with cognitive impairment, dementias and mental health disorders.

Discuss the role of the personal support worker in assisting clients and family members of clients experiencing cognitive impairment, dementia and/or a mental health illness.

Discuss the stigma associated with mental illness and addictions, how it may impact clients' self-perception, functioning level and quality of care provided.

Identify the treatment, care, intervention and community resources related to mental health illnesses.

Discuss the role of the personal support worker in assisting clients experiencing mental illness or substance use/abuse and identify when care and intervention is beyond the role of the personal support worker.

Recognize possible indicators of suicidal behavior while identifying personal views about suicide and examine how these views may affect the service provided to clients. Identify, report and record clients' behaviors that are a potential risk to the safety of others.

Discuss basic behavioral strategies to de-escalate clients' responsive behaviors as directed by the plan of care/service plan* and in accordance with all applicable legislation.

Identify when unexpected client behavior requires immediate response as well as a report to supervisor.

Course Outcome 3.

Identify relevant client information using basic assessment and communication skills and report and document findings in accordance with the requirements of employer policies and procedures and all applicable legislation.

Learning Objectives 3.

Complete regular and ongoing observations of clients` status reporting and recording any relevant information.

Date:

Thursday, January 11, 2018

Please refer to the course outline addendum on the Learning Management System for further information.